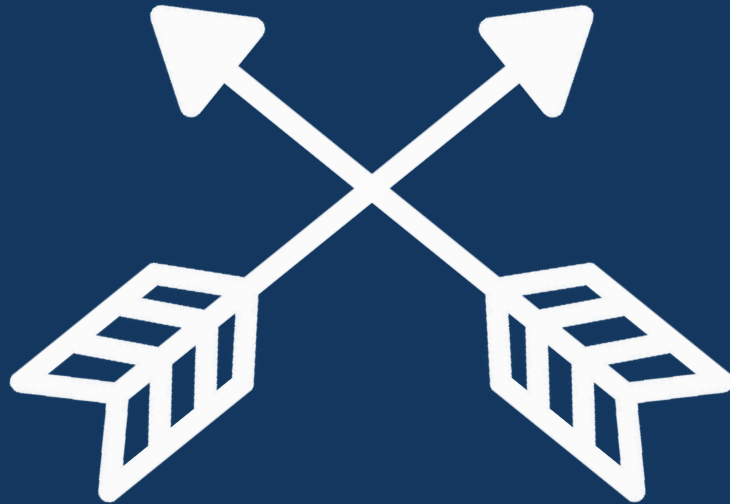


Dr. Emily King

MEDIA KIT



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Meet Dr. Emily King



Dr. King is a Licensed Psychologist and Health Services Provider in private practice in Raleigh, North Carolina. She has nearly 20 years of experience working with children and adolescents with anxiety, depression, ADHD, and Autism Spectrum Disorders. Dr. King received her Ph.D. in School Psychology from the University of North Carolina at Chapel Hill and worked as a School Psychologist in Cypress-Fairbanks Independent School District in Houston, Texas before returning home to Raleigh in 2010. She is passionate about helping parents embrace their parenting journey by taking care of their own mental health and finding the best fit of services for their child's growth and happiness. Dr. King is also a mother to two energetic boys, ages 7 and 13 years old.

Dr. King launched the **Parenting On Your Own Path** in 2020 to share online resources beyond her psychology practice. Resources include the Parenting On Your Own Path blog, **[The Roadmap]** online course for parents, and **digital social stories**.

Dr. King has also been quoted in **The Washington Post** and has written for **Parents.com**, **Mother.ly.com**, and **TheMighty.com**, and been a guest on multiple podcasts. You can also find Dr. King on **Facebook**, **Instagram**, **Twitter**, and **YouTube** where she shares helpful information for parents.

Disclaimer: Information provided by Dr. King is intended for informational purposes only. It is not intended to diagnose or treat any mental health condition or to provide psychological services directly to clients. Listeners are encouraged to seek the advice of a qualified mental health professional with any questions or concerns.

Media Highlights



The Washington Post

- [My first-grader has been thrust into a virtual social life. But is he ready?](#)
- [Why kids love building forts — and why experts say they might need them more than ever](#)



Mother.ly

- [How do I talk to my kids about sex: An age-to-age guide](#)
- [How to help your children learn to play all by themselves](#)



Parents

- [Why classroom clip charts do more harm than good](#)



The Mighty

- [Why a diagnosis is \(and isn't\) important when a child has learning challenges](#)
- [To the person who Googled: Should I let my kid play with an autistic child?](#)
- [When your child with a disability struggles with skill development](#)
- [How to teach your child on the autism spectrum to enjoy travel](#)

For a full media list, including podcast interviews, [**click here**](#).

Speaking Engagements



Dr. Emily King, Ph.D. is available to speak to a wide range of audiences. She has presented to staff of large corporations (YouTubeKids, Fidelity Investments), as well as churches, schools, and PTAs. She has also spoken as a guest on several prominent podcasts. Dr. King has spent over 15 years working with children with special needs and their families. Her speaking approach is dynamic, passionate, and judgement-free. She speaks not only from her clinical background, but also from her own experiences as a parent walking this path.

Dr. King is enthusiastic about speaking on the following topics:

For Parents

- Raising Children and Teens With Autism, ADHD, and/or Anxiety
- Effective Collaboration with Your Child's School Team
- Supporting the Social-Emotional Wellness of Your Family in Times of Stress

For Corporations

- Understanding the Needs of the Working Parent

For Teachers

- Supporting the Social-Emotional Wellness of Your Students

For School Staff

- Effective Collaboration with Parents



Want to see Dr. King in action? Join her on **YouTube**

To hire Dr. King for an upcoming event, contact emily@dremilyking.com

Educational Resources



Parenting On Your Own Path

with Dr. Emily

Dr. King launched the Parenting On Your Own Path blog in 2020 to share online resources beyond her psychology practice. She hopes that her work here helps parents, teachers, caregivers, and other clinicians in understanding the perspectives of families raising neurodiverse children in the 21st century. She is hoping this work reaches families outside of metropolitan areas who do not have access to the most up-to-date ideas in parenting children with certain developmental needs.

[Learn More](#)



Are you feeling overwhelmed by your child's needs or recent diagnosis and don't know where to begin? This self-study online course is designed for parents ready to shift their mindset and better understand the neurodiversity of the child they are raising.

[Learn More](#)



Reading stories with our children often helps them understand new ideas and feel less alone. All stories in The Story Shop are digital downloads for you and your child to read together. These stories aim to help children understand their feelings, who in their world can help them, and what strategies might help them feel better.

[Learn More](#)